

*You are warmly invited to attend:*  
**A Silent Retreat at Hartzler Park, Burradoo**  
**Friday 30 April – Monday 3 May, 2010**



*“The Devotee who would know God, must learn to be more silent, and learn to listen to the voice of love within. He must learn to live love in his life, and practice it first within his heart, and then express it outwardly.” — Paramahansa Yogananda*

Dear Friend,

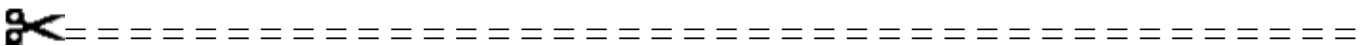
To register for our next silent retreat please complete the cut-off section below and send it with your payment to: Sydney Centre Retreats, GPO Box 744, Sydney 2001. Please make cheques payable to ‘Sydney Centre’. The retreat cost is \$260 (3-day retreat—includes accommodation and vegetarian meals from Friday dinner to Monday lunch) or \$180 (2-day option—covers Friday dinner through to and including Sunday lunch). Accommodation is in single rooms with their own hand basins. Bathrooms are shared. Further information will be sent when you register. Please allow up to three weeks for this to be sent. A schedule of retreat activities will be available at the retreat or you can view a sample schedule on our website: [www.srfsydney.org.au/retreats.html](http://www.srfsydney.org.au/retreats.html)

**Closing date:** Registrations, including payments, must be received by Thursday 22 April to secure a place (54 available). We are unable to process registrations or issue refunds after this date.

**Contacts for information:** Stacey Carter (02) 9817 3918 or email [info@srfsydney.org.au](mailto:info@srfsydney.org.au)

**Arrival time on Friday 30 April:** 4–6 pm, **Dinner** 6:30 pm, **Welcoming/Meditation** 8:15 pm

**Special meal requests:** All meals served are vegetarian. The only special requirement the sisters can cater for is a gluten-free diet. (You would be served separate meals.) Please add a note to this registration form if you need this. The retreat committee does provide herbal teas, but beyond this devotees should cater for their own extra requirements.



### Retreat Registration Form

You will be emailed confirmation of your retreat booking together with some info and a map & directions. (If you don't have an email address we will post you a receipt to confirm your booking.)

Name .....

Phone ..... Email (print clearly) .....

Address (if you have no email address)..... Postcode.....

**Tick box where applicable:**

Three-day retreat (\$260) . . . . .                       Two-day retreat (\$180) . . . . .

Do you have a medical/health condition that requires you to have a ground-level room? . . . . .

*Note: The sisters allocate the rooms so we are unable to cater for any specific room requests.*

If you cannot arrive by dinner time (6:30 pm) on Friday please give expected time of arrival.....  
*However, if this is your first time, please arrive before 6 pm so that you can be shown around before the retreat starts. And we hope that regulars arrive in time for dinner, but at least arrive no later than 7:45 pm.*

Please enclose your payment. Cheques should be made out to ‘Sydney Centre’.